

**AUD**

AMERICAN  
UNIVERSITY  
IN DUBAI



## **HEALTH CENTER**

**AUD recognizes and values the importance of good health.**

# AUD Health Center

The AUD Health Center provides services, which are free of charge for all students, faculty, and staff.

**Are available 24 hours per day, via clinic office hours, with on-call access after working hours.**

To provide high quality services, AUD has medical personnel who live on campus to address any immediate needs or concerns.

Services provided include:

- The evaluation, treatment and dispensing of medication for minor health conditions
- Providing medical referrals for more serious conditions
- Promoting health awareness and educational programs and events throughout the academic year.
- Facilitate blood tests for residence visas, for individuals sponsored by the university.





The Health Center maintains standard university practices of health services, and provides routine medical care for minor acute illnesses and injuries.

The Center also strives to assist students in preventing absences due to health problems.



# Staff & Equipment

The AUD Health Center is staffed by the Health Center Director, Mrs. Nelly Halabi, who is a **Registered Nurse** with a B.S. in Nursing and licensed by the Dubai Department of Health. She is assisted by two staff nurses, who both hold B.S. degrees in Nursing and are also licensed by the Dubai Department of Health.



The Health Center is equipped with an up-to-date examination room (treatment room), one infirmary (short stay) room, and the reception office area. Two first aid rooms, located in both the Female and Male Residence Halls provide emergency treatment for Housing students after working hours.

## Location & Hours



### Location

The AUD Health Center is located in School of Architecture, Art and Design Building (A), Room 116



### Hours of Operation

Health services are available 24 hours a day.

**The Health Center is open weekdays from 8:00 a.m. – 5:00 p.m.**

After working hours and during weekends, emergency health services are provided by staff nurses reachable through UNIVERSITY HOTLINE: 04-3183 500/555, or on WhatsApp 056 9167761.

*The Health Center does not schedule appointments and all those seeking services can access the Center on a walk-in basis.*

# Student of Determination

Students with medical problems or disabilities that require care or restrict their campus activities must submit a letter from their family physician describing their conditions, restrictions, and special requirements to the Health Center Director prior to joining the university.

The Health Center Director maintains a file on each special needs student including specifics on needed accommodations and adaptations.

This information will be kept confidential except that relevant faculty and staff may be informed if they are expected to provide accommodations or if emergency treatment may

be required. The Committee's vision is to support the academic environment to ensure that students of determination receive reasonable accommodation that is consistent with the university's academic standards and does not require substantial course or program alteration. The University strongly recognizes and encourages students to submit their requests well in advance of the start of any coursework for which the accommodation is requested. The University inspires consideration, respect and acceptance by providing facilities and accommodations, that integrate students with special needs, treated with the highest confidentiality.

## Health History

To maintain our standards and fully address the health and medical needs of our students, the AUD Health Center requires that all AUD students submit the *Student Health History Form*, which must be endorsed and stamped by a physician.



All health information is confidential. All students medical records are kept under a locked filing system, and they are not released to others without the written consent (Authorization of Health Information Release) of the student or his/her

parents/guardians. Only the following staff members have access (as needed): President, Executive Vice President, Provost, and Dean of Student Affairs.

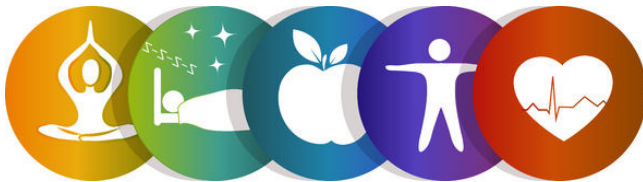
# HEALTH



## Health Education & Awareness Programs

The Health Center promotes health awareness and education programs throughout the academic year.

The Health Center Director organizes lectures and workshops designed to increase health awareness among AUD students and to educate them on issues such as: nutrition and eating disorders, blood drives, drugs and narcotics, sexually transmitted illnesses, anxiety and stress management, smoking, skincare, health hazards, vision disorders, and other topics based on student's needs.



### PHE

The Health Center also supports a number of student leaders known as *Peer Health Educators (PHEs)*.

The Health Center Director works closely with Student Affairs and Health Specialists to provide PHEs with trainings and education programs.

The PHEs organize, coordinate, and co-sponsor a series of health-related events throughout the year.



# Absences

**AUD Health Center does not provide excuses for missed class attendance.**

An **absence** related to health issues:

- The student should inform the professor.
- Medical documents justifying the absence must be verified by the Health Center.

**Missed exams** due to health related issues:

- The student should inform the professor.
- The student should submit a medical document endorsed by a Physician; which must be validated by the Health Center.

The Health Center Director will then notify the student's professors informing them of the legitimate medical documentation. *The medical documentation does not excuse the student from class. It simply informs the professor why the student missed the exam. Final decision on how to proceed remains at the professor's discretion.*



## F.A.Q.

**Can a student visit the clinic during class?** The

Health Center Director

doesn't issue excuses from classes for illness, unless it is a serious emergency.

**Is it compulsory to fill out the Student Health Form?** Yes. In order to provide the appropriate health care for students and maintain up-to-date health records, all students must complete the *Student Health History Form* (provided in the Admission Kit, at the AUD Health Center and online).

**Is the AUD Health Center connected to a specific health center in Dubai?** Yes. There is a doctor on call from the American Hospital Dubai, and AUD has connection with other health care specialists.

**Are dental services included in the health services offered at the AUD Health Center?** No. Dental services are not offered at the Health Center; however, the Health Center Director maintains a list of local offices offering discounts to students.

**Are AUD Health Center services chargeable?** No. The AUD Health Center provides services, which are free of charge for all students, staff, and faculty.

# GET LIFE READY

## Mission

The mission of the AUD Health Center is to provide general care and health supervision of all currently enrolled students, faculty, and staff and to promote the prevention of illness and the well being of students, staff, and faculty.



**Visit the AUD Health Center  
School of Architecture, Art and Design Building (A), room 116  
04 318 3200**

**healthcenter@aud.edu  
EMERGENCY HOTLINE 04 318 3555**